

# ALCOHOL INFORMATION/RESOURCES SHEET: ADULT AND ADOLESCENTS

## **General Information**

- [Center for Disease Control and Prevention- Alcohol Use and Youth Health](#)

## **Steps to Stop**

- [Cleveland Clinic- Steps to Stop](#)
  - [How is Alcohol Use Disorder Treated?](#)
- [National Institute of Alcohol Abuse- Parenting to Prevent Childhood Alcohol Use](#)
- [American Addiction Centers- Adolescent Alcohol Consumption](#)

## **Adolescents**

- [Substance Abuse and Mental Health Service Administration- Youth and College Students](#)
- [National Institute on Alcohol Abuse and Alcoholism- Youth](#)

## **Adults**

- [National Institute on Alcohol Abuse and Alcoholism](#)
  - [Treatment for Alcohol Problems: Finding and Getting Help](#)

## **Additional Resources**

- [Center for Disease Control and Prevention- Alcohol Online Tools](#)
- [About Center for Disease Control and Prevention- Alcohol Program](#)
- [Alcoholism Support Groups](#)