Illicit Drugs Information

Resource Sheet for Adolescents and Adults

Last Updated: 1/7/2026

General Information

- Addiction Center: Illicit Drug Addiction and Abuse
- SAMHSA: Know the Risks of Using Drugs
- Mayo Clinic: Drug Addiction (Substance Use Disorder)

Steps to Stop

- Mayo Clinic: Treatment
- CDC: Treatment of Substance Use Disorders
- Cleveland Clinic: Management and Treatment

Adolescents

- CDC: Substance Use Among Youth
- Nemours Kids Health: What You Need to Know About Drugs
- Nemours Teen Health: Dealing with Addiction
- NIH: Mind Matters Series

Adults

- NIH: Substance Use in Older Adults
- Mayo Clinic: Prescription Drug Use
- SAMHSA: Prescription and Opioids

Additional Resources

- 988 Suicide & Crisis Lifeline: Call or Text 988
- FindTreatment.gov
- Narcotics Anonymous (NA): https://na.org/
- SAMSHA'S National Helpline: 1-800-622-4357

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