Dr. Ikroop Khazanewala, PsyD, earned her Doctoral and Master's degrees in Clinical Psychology from Midwestern University. She has worked and trained in



many different settings including community mental health, private practice, hospitals, and universities. She has received specialized training in trauma-informed care and providing comprehensive psychological assessments to all ages.



Dr. Devyn Mares is a School Psychologist who completed her graduate training through The Chicago School of Professional Psychology. Dr. Mares has worked in school settings since 2014 providing psychoeducational

assessments to students ages 3 to 22 to determine eligibility for services. Since transitioning to clinical practice, Dr. Mares has also provided assessment services to clients across a broader age range and has extensive experience working with neurodivergent clients including diagnoses of Autism and ADHD.

Dr. Helen Do, PsyD is a licensed clinical professional counselor (LCPC) and an experienced psychometrist. Dr. Do has an extensive background in neuropsychological,



psychoeducational evaluations, as well as counseling. Dr. Do has counseling and assessment experience with ADHD, Autism, various mood disorders, and behavioral and emotional concerns, having the opportunity to work with children, adolescents, adults, and families in a variety of settings including schools, outpatient private practices, community mental health centers, a foster care agency, and a hospital inpatient program. The psychologists at Pathways are a frequently sought after referral source for psychiatrists, physicians, schools, educational advocates, counselors, case managers and parents to assist with clarifying diagnoses and guiding treatment approaches. Pathways Psychology Services has become a reliable and trusted sourced for psychological and neuropsychological assessment in the Chicagoland area.

## PATHWAYS PSYCHOLOGY SERVICES

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PSYCHOLOGY SERVICES

# NEUROPSYCHOLOGICAL AND PSYCHOLOGICAL TESTING





- ADHD Assessment
- Autism Spectrum
- Cognitive Functioning
- Diagnostic Clarification
- Learning Disability
- Treatment Guidance



#### **REASONS FOR TESTING:**

- Clarify the nature of the behavioral, cognitive, or emotional problems
- Provide a more objective diagnostic approach to making a diagnosis
- Distinguish the nature of academic and learning challenges and inform school planning
- Identify strengths and weaknesses relevant to treatment planning
- Aid in the guidance of treatment, medication decisions, appropriate therapies, school accommodations, interventions, and counseling approaches
- Provide evidence for the necessity of support services, school interventions, accommodations, and allowances

#### **OUR REPORTS ARE:**

- Comprehensive, useful, and helpful
- Relevant and individualized
- Completed in a timely manner
- Billed under insurance in most instances
- Completed by psychologists who also provide individual, family, and group therapy thereby allowing for the incorporation of experience in ongoing treatment with qualified test and data interpretation
- Research-based assessment tools and the most up-to-date standardized testing tools available

#### **PROBLEMS ADDRESSED:**

- School Performance issues and learning problems
- ADHD
- Autism Spectrum Disorder
- Clarification of mood and anxiety disorders
- Complex symptom presentation
- Change/decline in mental functioning
- Evidence for disability
- Behavioral problems •
- School and college accommodations
- Lack of progress in services

### **CLINICIAN BIOGRAPHIES:**



Dr. Joe Roszkowski, PsyD, Director of Services has provided neuropsychological evaluations for child, adult, and geriatric populations for over 15 years. He maintains staff privileges at NMPP Central DuPage Hospital, has served as an expert witness to the

court, and is frequently referred to by specialists in the Chicago-land area to provide second opinions and treatment guidance for complex symptom presentations.

Dr. Jeanne Kestel, PsyD, LCP received her Doctorate Degree from the Illinois School of Professional Psychology. She has worked in a variety of environments, including health, forensic, and community mental health settings, and provides neuropsychological

testing for adolescents and adults seeking further diagnostic clarification and assistance in guidance of treatment.



Dr. Smigiel, PsyD, LCP is the Director of DCFS services at Pathways. She has extensive experience working with children, adolescents, and adults by providing individual and family therapy, along with comprehensive psychological assessments. In addition, Dr. Smigiel

is part of the clinical supervision team at Pathways overseeing therapy and assessment. Dr. Smigiel works with diverse populations, complex diagnostic issues, and Is also affiliated with and receives assessment referrals from the Northwestern Medicine Behavioral Health Hospital in the area.

Dr. Stacy Clark, PsyD is the director of Psychological and Neuropsychological evaluations at Pathways. Dr. Clark manages testing materials, as well as aids in the

scheduling of testing. She has been

providing testing services since 2009, and has experience testing various of ages from younger children to older adults.



Clinical Psychologist with experience providina assessments for complex diagnostic issues, academic testing, and neurocognitive ability. She is trained in providing assessments for

children, adolescents, and adults. Dr. Cooper works with hospital-based programs in the area to provide comprehensive testing. She also provides supervision for doctoral externs.

Dr. Mandi Thompson, PsyD, 🛠 LCP has a variety of experience with children. adolescents, and families by providing individual and family therapy, as well as comprehensive



psychological assessments. Dr. Thompson has worked with diverse populations exhibiting various levels of functioning, including individuals with intense trauma histories and attachment issues, mood and behavioral disorders, and anxiety disorders.



Dr. Luisa Toska, PsyD, LCP is a licensed clinical psychologist who has a variety of experiences with children. adolescents, families, and adults by providing individual. group and family therapy, as

well as comprehensive psychological and psychosexual evaluations. Dr. Toska has written over 150 psychological reports for the juvenile court and supervised the Will County Health Department training program before joining Pathways. Her reports have received high praise from school personnel in assisting students and guiding intervention.

